



Foods & Inns

**FRUITS  
FROZEN**



# Coconut

नारियल | *Cocos nucifera*



**Seed Varieties : Tall, Dwarf, Hybrids | Growing Area: Western Coast**  
**Distance from Factory: 300 Km | Harvest Season: All Year**

Coconut is a very versatile fruit known for its refreshing taste, minerals, antioxidants and high fibre content. Free flowing frozen

Coconut dices produced from whole ripe Coconut. The fruit undergoes preliminary steps, where the copra is detached from the hard shell and thin brown portion of copra is also removed. The white copra are washed, diced or sliced as per requirement. The Dices/chunks are cleansed, dewatered and frozen using IQF. The IQF dices are sieved, inspected and packed.

## HEALTH BENEFITS

Lauric acid found in the coconut have antiviral, antibacterial and antiprotozoal function. Capric acid have a antimicrobial properties. Natural Coconut fat in the diet leads to a normalization of body lipids, protects against alcohol damage to the liver, and improves the immune system's anti-inflammatory response.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount	% Daily Value
Teneur	% Valeur quotidienne
Calories / Calories 400 kcal	
Fat / Lipides 37 g	57.0%
Saturated / satures 23 g	115.0%
+ Trans / trans 0 g	
Cholesterol / Cholesterol 0mg	0.0%
Sodium 7 mg	0.0%
Total Carbohydrates / Glucides 14 g	5.0%
Fibre / Fibres 10 g	40.0%
Sugars / Sucre 3 g	
Protein / Proteines 3 g	
Vitamin A / Vitamine A	0.0%
Vitamin C / Vitamine C	140.0%
Calcium / Calcium	0.0%
Iron / Fer	14.0%
*Percent Daily Values are based on a 2,000 calorie diet.	

# PRODUCT SPECIFICATIONS



## Frozen Diced Coconut

**Colour:** White

**Shape:** Diced

**Size:** 10 x 10 mm\*

\* As per requirement

## Frozen Shredded Coconut

**Colour:** White

**Shape:** Natural Shredded



## RECIPE IDEAS

Coconut Mousse

Coconut Pie

Coconut Mojito

Cocojito

## QUALITY SPECIFICATION

**TPC** : <40000 cfu/gm

**Yeast & Mold** : <100 cfu/gm

**Coliforms** : <10 cfu/gm

**E. coli** : <10 cfu/gm

**S. aureus**: <10 cfu/gm

**Salmonella**: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

## VALUE PROPOSITION

Easy to use

Reduced preparation time



# Guava

अमरूद | *Psidium guajava*



**Seed Varieties :L-59, Sardar | Growing Areas : Rahata, Nashik  
Distance from Factory: 60 Km | Harvest Season: November to January**

White guavas are rare in quantity and are restricted to a few growing regions. Fortunately, we work with the best growers undergoing organic orchard management. Guavas are a little known fruit with excellent health benefits, especially in terms of antioxidants and dietary fibres. Use these chunks to add some superfood infusion into your smoothies.

## HEALTH BENEFITS

The main constituents of guava are vitamins, tanins, phenolic compounds, flavonoids, essential oils, sesquiterpene alcohols and triterpenoid acids. The pulp is rich in ascorbic acid, carotenoids (lycopene,  $\beta$ -carotene and  $\beta$ -cryptoxanthin). hepatoprotection, antioxidant, anti-inflammatory, antispasmodic, anti-cancer, antimicrobial, anti-hyperglycemic, analgesic, endothelial progenitor cells, anti-stomachache and anti-diarrhea.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount	% Daily Value
Teneur	% Valeur quotidienne
Calories / Calories 68 kcal	
Fat / Lipides 1 g	1.0%
Saturated / satures 0 g	0.0%
+ Trans / trans 0 g	
Cholesterol / Cholesterol 0mg	0.0%
Potassium 417 mg	12.0%
Total Carbohydrates / Glucides 14 g	5.0%
Fibre / Fibres 5.4 g	22.0%
Sugars / Sucre 8.9 g	
Protein / Proteines 2.6 g	
Vitamin A / Vitamine A	12.0%
Vitamin C / Vitamine C	381.0%
Calcium / Calcium	1.4%
Iron / Fer	0.7%
*Percent Daily Values are based on a 2,000 calorie diet.	

# PRODUCT SPECIFICATIONS



## Frozen Guava Natural Cuts (Pink & White Guava)

**Colour:** Creamish White  
with green skin

**Shape:** Natural Cuts

## Frozen Guava Puree Cubes (Pink & White Guava)

**Colour:** Pink Colour

**Shape:** \* As per requirement

**Size:** \* As per requirement



## RECIPE IDEAS

Guava and Pomegranate Smoothie  
Guava Ice-cream

## QUALITY SPECIFICATION

**TPC :** <40000 cfu/gm

**Yeast & Mold :** <100 cfu/gm

**Coliforms :** <10 cfu/gm

**E. coli :** <10 cfu/gm

**S. aureus:** <10 cfu/gm

**Salmonella:** Absent in 25 gm

**Shelf Life: 2 Years from DOM**

## VALUE PROPOSITION

Unique flavour of India  
Perfectly ripened

# Amla

आंवला | *Phyllanthus emblica*



**Seed Varieties : S-7 | Growing Area: Pratapgad, UP**

**Distance from Factory: 1300 Km | Harvest Season: November to January**

Carefully picked from nearby farms, Sound quality retaining freshness, Washed and Individual quicked frozen to ensure its texture and typical characteristic taste which can be used in pickles.

## HEALTH BENEFITS

Therapeutic potential against deleterious diseases. Earlier it becomes a notable fruit for its rich amount of vitamin C, polyphenols such as tannins, gallic acid, ellagic acid, flavonoids like quercetin and rutin.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount Teneur	% Daily Value % Valeur quotidienne
Calories / Calories 71.2 kcal	
Fat / Lipides 0 g	0.0%
Saturated / satures 0 g + Trans / trans 0 g	0.0%
Cholesterol / Cholesterol 0mg	0.0%
Sodium 23.7 mg	1.0%
Total Carbohydrates /Glucides 15.4g	5.0%
Fibre / Fibres 3.6 g	14.0%
Sugars / Sucre 2.4 g	
Protein / Proteines 1.2 g	
Vitamin A / Vitamine A	0.0%
Vitamin C / Vitamine C	190.0%
Calcium / Calcium	4.7%
Iron / Fer	7.1%
*Percent Daily Values are based on a 2,000 calorie diet.	

## PRODUCT SPECIFICATIONS



### **Frozen Amla Whole**

**Colour:** Whitish yellow

**Shape:** Round

**Size:** Natural

### **RECIPE IDEAS**

Amla Pickle

Amla Murabba

Amla Honey Shot

### **QUALITY SPECIFICATION**

**TPC :** <40000 cfu/gm

**Yeast & Mold :** <100 cfu/gm

**Coliforms :** <10 cfu/gm

E. coli : <10 cfu/gm

S. aureus: <10 cfu/gm

Salmonella: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

### **VALUE PROPOSITION**

Ready to use

Reduced preparation time

Unique flavour of India

Ready to eat



# Orange

संत्रा | *Citrus aurantium*



**Seed Varities : Nagpur Orange | Growing Area: Nagpur**  
**Distance from Factory: 550 Km | Harvest Season: February to March**

Loose skinned mandarins, awarded a GI tag, and grown only in the city of Nagpur are a delicacy to all Indians. Super sweet and bursting with juice, these oranges are like you have rarely tasted before. IQF wedges can be used in a salad, for juice or as a snack

## HEALTH BENEFITS

It has a antioxidant activity and also cytoprotective effects that reflect their substantial role in preventing chronic pathological conditions such as cardiovascular diseases and in many forms of cancers.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount Teneur	% Daily Value % Valeur quotidienne
Calories / Calories 49.7 kcal	
Fat / Lipides 0.2 g	0.0%
Saturated / satures 0 g + Trans / trans 0 g	0.0%
Cholesterol / Cholesterol 0mg	0.0%
Potassium 167 mg	5.0%
Total Carbohydrates / Glucides 13 g	4.0%
Fibre / Fibres 2.2 g	9.0%
Sugars / Sucre 8.6 g	
Protein / Proteines 0.9 g	
Vitamin A / Vitamine A	5.0%
Vitamin C / Vitamine C	99.4%
Calcium / Calcium	3.3%
Iron / Fer	0.7%
*Percent Daily Values are based on a 2,000 calorie diet.	



# PRODUCT SPECIFICATIONS



## Frozen Orange Wedges

**Colour:** Orange

### RECIPE IDEAS

Orange smoothie

Rocket

Walnuts and Orange salad

### QUALITY SPECIFICATION

**TPC** : <40000 cfu/gm

**Yeast & Mold** : <100 cfu/gm

**Coliforms** : <10 cfu/gm

**E. coli** : <10 cfu/gm

**S. aureus**: <10 cfu/gm

**Salmonella**: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

### VALUE PROPOSITION

Ready to use

Unique flavour of India

# Papaya

पपीता | *Carica papaya*



**Seed Varieties : Taiwan 786 | Growing Area: Solapur, Satara, Jalgaon**  
**Distance from Factory: 300 - 350 Km | Harvest Season: November to January**

A local favourite, papayas are a staple for the region where our factory is located. Consumers do away with tedious peeling and de-seeding operations and can enjoy perfectly ripened dices. Papayas are highly nutritive and are especially valuable for weight loss. Blend into any fruit smoothie, or top with yogurt.

## HEALTH BENEFITS

Recent studies have demonstrated that vitamin C, phenols, and carotenoids are bioactive compounds that protect the body from oxidative stress, reducing the risk of cardiovascular diseases and some types of cancer. Danielone is a phytoalexin found in the papaya fruit. This compound showed high antifungal activity against *Colletotrichum gloeosporioides*, a pathogenic fungus of papaya.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount	% Daily Value
Teneur	% Valeur quotidienne
Calories / Calories 40 kcal	
Fat / Lipides 0.1 g	1.0%
Saturated / satures 0 g	0.0%
+ Trans / trans 0 g	
Cholesterol / Cholesterol 0mg	0.0%
Sodium 3 mg	1.0%
Total Carbohydrates / Glucides 10 g	3.0%
Fibre / Fibres 2 g	8.0%
Sugars / Sucre 6 g	
Protein / Proteines 1 g	
Vitamin A / Vitamine A	7.0%
Vitamin C / Vitamine C	100.0%
Calcium / Calcium	2.0%
Iron / Fer	0.0%
*Percent Daily Values are based on a 2,000 calorie diet.	

## PRODUCT SPECIFICATIONS



### Frozen Papaya Dices

**Colour:** Orange

**Shape:** Dices

**Size:** 10 × 10 mm \*

\*As per requirement

**Brix :** Min.7

**pH :** 4.8 - 5.6

**Acidity :** 0.08 - 0.30

### RECIPE IDEAS

Papaya and Banana Smoothie

Fruit Salad, Papaya with Yogurt

### QUALITY SPECIFICATION

**TPC :** <40000 cfu/gm

**Yeast & Mold :** <100 cfu/gm

**Coliforms :** <10 cfu/gm

E. coli : <10 cfu/gm

S. aureus: <10 cfu/gm

Salmonella: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

### VALUE PROPOSITION

Ready to use

Reduced preparation time

Unique flavour of India

Perfectly ripened

Reduced wastage



# Lemon

नींबू | *Citrus x limon*



**Seed Varities : Vikram, Selection 49 | Growing Area: Jalgaon**  
**Distance from Factory: 240 Km | Harvest Season: Whole Year**

A local favourite, plays a crucial role in drinks as well as in recipes. Harvested fresh, carefully processed, They never be disappoint you.

## HEALTH BENEFITS

In addition the fiber of citrus fruit also contains bioactive compounds, such as polyphenols, the most important being vitamin C (or ascorbic acid), and they certainly prevent and cure vitamin C deficiency-the cause of scurvy

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount Teneur	% Daily Value % Valeur quotidienne
Calories / Calories 30 kcal	
Fat / Lipides 0.2 g	0.0%
Saturated / satures 0 g	0.0%
+ Trans / trans 0 g	
Cholesterol / Cholesterol 0mg	0.0%
Potassium 102 mg	3.0%
Total Carbohydrates / Glucides 11 g	4.0%
Fibre / Fibres 2.8 g	11.0%
Sugars / Sucre 1.7 g	
Protein / Proteines 0.7 g	
Vitamin A / Vitamine A	1.0%
Vitamin C / Vitamine C	49.0%
Calcium / Calcium	2.5%
Iron / Fer	3.3%
*Percent Daily Values are based on a 2,000 calorie diet.	

## PRODUCT SPECIFICATIONS



### **Frozen Lemon wedges**

**Colour:** creamish white flesh

**Shape:** Natural

**Size:** Natural

### **RECIPE IDEAS**

Lemonade

Lemon Date Bars

Lemon Gateau

### **QUALITY SPECIFICATION**

**TPC** : <40000 cfu/gm

**Yeast & Mold** : <100 cfu/gm

**Coliforms** : <10 cfu/gm

E. coli : <10 cfu/gm

S. aureus: <10 cfu/gm

Salmonella: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

### **VALUE PROPOSITION**

Ready to use

Reduced preparation time

Unique flavour of India

# Melon

खरबूजा | *Cucumis melo*



**Seed Varieties : Shugar baby, Patasha | Growing Area: Panvel**  
**Distance from Factory: 170 Km | Harvest Season: December to April**

Fine Melons are grown in farms with fresh water, scooped into balls and frozen. Do away with the hassle of peeling and not being able to finish the entire fruit. IQF cantaloupe balls exhibit a characteristic taste and structure, and are ideal for salads, smoothies and toppings to desserts.

## HEALTH BENEFITS

Melons are rich in potassium which helps in regulating the blood pressure and keeps hypertension at bay. They have high doses of vitamin A and beta carotene, which helps sharpen the eye sight as well as reduce the risk of developing cataracts. The high quantity of vitamin C helps in treatment and also prevention of ulcers. It rejuvenates the lungs and helps the body recover from nicotine withdrawal faster.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount	% Daily Value
Teneur	% Valeur quotidienne
Calories / Calories 36 kcal	
Fat / Lipides 0.1 g	0.0%
Saturated / satures 0 g	0.0%
+ Trans / trans 0 g	
Cholesterol / Cholesterol 0mg	0.0%
Potassium 228 mg	6.0%
Total Carbohydrates / Glucides 9 g	3.0%
Fibre / Fibres 0.8 g	3.0%
Sugars / Sucre 8 g	
Protein / Proteines 0.5 g	
Vitamin A / Vitamine A	1.0%
Vitamin C / Vitamine C	30.0%
Calcium / Calcium	0.0%
Iron / Fer	1.0%

\*Percent Daily Values are based on a 2,000 calorie diet.



# PRODUCT SPECIFICATIONS



## Frozen Melon Balls

Colour: Orange

Shape: Round

Size: Diameter : 30-40 mm

### RECIPE IDEAS

Cantaloupe juice

Fruit salad

### QUALITY SPECIFICATION

**TPC** : <40000 cfu/gm

**Yeast & Mold** : <100 cfu/gm

**Coliforms** : <10 cfu/gm

**E. coli** : <10 cfu/gm

**S. aureus**: <10 cfu/gm

**Salmonella**: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

### VALUE PROPOSITION

Ready to use

Ready to eat

Reduced preparation time

Reduced wastage

# Watermelon

तरबूज | *Citrullus lanatus*



**Seed Varities : Sugar Baby, Hybrid | Growing Area: Nashik and Raigad**  
**Distance from Factory: 250 Km | Harvest Season: December to May**

Fine sugar baby watermelons are grown in farms with fresh water, scooped into balls and frozen. Do away with the hassle of peeling and not being able to finish the entire fruit. IQF watermelon balls exhibit a characteristic taste and structure, and are ideal for salads, smoothies and toppings to desserts.

## HEALTH BENEFITS

Watermelon is one of the unique sources having readily available cis-isomeric lycopene. The distinctive aroma of watermelon is imparted by medium- and short-chain fatty acids along with geranial,  $\beta$ -ionone and neral. Its consumption has been escalated owing to rich nutritional profile and allied health benefits. It is effective in reducing the extent of cancer insurgence, cardiovascular disorders, diabetes and macular diseases.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount	% Daily Value
Teneur	% Valeur quotidienne
Calories / Calories 30.1 kcal	
Fat / Lipides 0.2 g	0.0%
Saturated / satures 0 g	0.0%
+ Trans / trans 0 g	
Cholesterol / Cholesterol 0mg	0.0%
Potassium 112 mg	3.0%
Total Carbohydrates / Glucides 7.7 g	3.0%
Fibre / Fibres 0.4 g	2.0%
Sugars / Sucre 4.7 g	
Protein / Proteines 0.6 g	
Vitamin A / Vitamine A	11.5%
Vitamin C / Vitamine C	13.6%
Calcium / Calcium	0.5%
Iron / Fer	1.3%

\*Percent Daily Values are based on a 2,000 calorie diet.

# PRODUCT SPECIFICATIONS



## Frozen Watermelon Balls

Colour: Red

Shape: Round

Size: Diameter : 30-40 mm

## RECIPE IDEAS

Watermelon smoothie  
Watermelon and Feta salad  
Fruit salad

## QUALITY SPECIFICATION

**TPC** : <40000 cfu/gm  
**Yeast & Mold** : <100 cfu/gm  
**Coliforms** : <10 cfu/gm  
**E. coli** : <10 cfu/gm  
**S. aureus**: <10 cfu/gm  
**Salmonella**: Absent in 25 gm  
**Shelf Life: 2 Years from DOM**

## VALUE PROPOSITION

Ready to use  
Ready to eat  
Reduced preparation time  
Reduced wastage



# Totapuri Mango

तोतापुरी आम | *Mangifera indica*



**Seed Varieties : Totapuri | Growing Area: Dharwad, Andhra Pradesh**  
**Distance from Factory: 200 - 450 Km | Harvest Season: April to June**

The crown jewel of Indian fruits, the totapuri mango exhibits a perfect balance of acidity and sweetness, along with a pleasing aroma and colour. Naturally ripened and processed, totapuri dices are a great addition to smoothies, as a topping on yogurts or as a sweet dessert by itself

## HEALTH BENEFITS

Relatively high content in calories and is an important source of potassium, fibre, and vitamins. Mango is also a particularly rich source of polyphenols, a diverse group of organic micronutrients found in plants which exert specific health benefits, Several studies showed that phytochemicals contained in mango play an anti-inflammatory role in several chronic pathological disorders associated with inflammatory responses, Bioactive components contained in the different parts of mango have also shown anticancer activity in different tumour cell lines.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount Teneur	% Daily Value % Valeur quotidienne
<b>Calories / Calories 75 kcal</b>	
<b>Fat / Lipides 0.1 g</b>	<b>0.0%</b>
Saturated / satures 0 g + Trans / trans 0 g	<b>0.0%</b>
<b>Cholesterol / Cholesterol 5mg</b>	<b>0.0%</b>
<b>Sodium 10.58 mg</b>	<b>1.0%</b>
<b>Total Carbohydrates/Glucides 17.99g</b>	<b>4.0%</b>
Fibre / Fibres 2.38 g	<b>9.0%</b>
Sugars / Sucre 17.58 g	
<b>Protein / Proteines 0.7 g</b>	
*Percent Daily Values are based on a 2,000 calorie diet.	

# PRODUCT SPECIFICATIONS



## Frozen Totapuri Dices

**Colour:** Orange

**Shape:** Dices

**Size:** 10 × 10 mm \*

\*As per requirement

**Brix :** Min.9

**pH :** 2.2 - 4.4

**Acidity :** 0.40 - 1.60

## RECIPE IDEAS

Mango Ice-cream  
Mango Smoothies  
Mango and Rocket Salad

## QUALITY SPECIFICATION

**TPC :** <40000 cfu/gm  
**Yeast & Mold :** <1000 cfu/gm  
**Coliforms :** <100 cfu/gm  
**E. coli :** <10 cfu/gm  
**S. aureus:** <10 cfu/gm  
**Salmonella:** Absent in 25 gm

**Shelf Life: 2 Years from DOM**

## VALUE PROPOSITION

Sustainably certified  
Unique flavour of India  
Perfectly ripened

# Pomegranate

अनार | *Punica granatum*



**Seed Varieties : Ganesh 137, Phule Bhagwa Supar | Growing Area: Nashik  
Distance from Factory: 60 Km | Harvest Season: Whole Year**

These are made from selected varieties of Pomegranate. Fully matured and ripened Pomegranate are harvested, quickly transported to plant, inspected and washed. The selected fruits are then washed again, deseeded, sanitized, frozen and packed under strict hygienic conditions.

## HEALTH BENEFITS

Fruit acts as antioxidant, antidiabetic, and hypolipidemic and shows antibacterial, antiinflammatory, antiviral, and anticarcinogenic activities. The fruit also improves cardiovascular and oral health. These beneficial physiological effects may also have preventive applications in a variety of pathologies. The health benefits of pomegranate have been attributed to its wide range of phytochemicals, which are predominantly polyphenols, including primarily hydrolyzable ellagitannins, anthocyanins, and other polyphenols.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount	% Daily Value
Teneur	% Valeur quotidienne
Calories / Calories 82.6 kcal	
Fat / Lipides 1.2 g	2.0%
Saturated / satures 0 g	0.0%
+ Trans / trans 0 g	
Cholesterol / Cholesterol 0mg	0.0%
Sodium 0 mg	0.0%
Total Carbohydrates /Glucides 18.9g	6.0%
Fibre / Fibres 3.5 g	14.0%
Sugars / Sucre 14.2 g	
Protein / Proteines 1.2 g	
Vitamin A / Vitamine A	0.0%
Vitamin C / Vitamine C	17.7%
Calcium / Calcium	2.4%
Iron / Fer	2.4%
*Percent Daily Values are based on a 2,000 calorie diet.	

# PRODUCT SPECIFICATIONS



## Frozen Pomegranate Arils

**Colour:** Red

### RECIPE IDEAS

Sprinkle in Salads

Avocado pomegranate guacamole

Jazz up plain, vanilla or honey yogurt

### QUALITY SPECIFICATION

**TPC** : <40000 cfu/gm

**Yeast & Mold** : <100 cfu/gm

**Coliforms** : <10 cfu/gm

**E. coli** : <10 cfu/gm

**S. aureus**: <10 cfu/gm

**Salmonella**: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

### VALUE PROPOSITION

Ready to use

Unique flavour of India

Ready to eat



# Pineapple

अननस | *Ananas comosus*



**Seed Varieties : Kew, Queen | Growing Area: Goa**

**Distance from Factory: 650 Km | Harvest Season: July to September**

Nothing captures the golden sunshine like the vibrant, sweet flavor of golden pineapple chunks. Perfect for any occasion, from smoothies to snacking. Perfectly processed to ensure your happiness.

## HEALTH BENEFITS

Pineapple can be used as supplementary nutritional fruit for good personal health. Pineapple fruits are an excellent source of vitamins and minerals. One healthy ripe pineapple fruit can supply about 16.2% of daily requirement for vitamin C . A powerful antioxidant, vitamin C supports the formation of collagen in bones, blood vessels, cartilage and muscle, as well as the absorption of iron.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount Teneur	% Daily Value % Valeur quotidienne
Calories / Calories 50 kcal	
Fat / Lipides 0.1 g	0.0%
Saturated / satures 0 g + Trans / trans 0 g	0.0%
Cholesterol / Cholesterol 0mg	0.0%
Potassium 109 mg	3.0%
Total Carbohydrates /Glucides 13g	4.0%
Fibre / Fibres 1.4 g	6.0%
Sugars / Sucre 9.9 g	
Protein / Proteines 0.5 g	
Vitamin A / Vitamine A	1.2%
Vitamin C / Vitamine C	80.0%
Calcium / Calcium	1.0%
Iron / Fer	1.6%
*Percent Daily Values are based on a 2,000 calorie diet.	

## PRODUCT SPECIFICATIONS



### **Frozen Pineapple Dices**

**Colour:** Yellow

**Shape:** \* As per requirement

**Size:** \* As per requirement

### **RECIPE IDEAS**

Honey Pineapple Chicken Stir-fry

Pineapple whip

Curacao Punch with Pineapple

Pineapple Chunks Cake

### **QUALITY SPECIFICATION**

**TPC :** <40000 cfu/gm

**Yeast & Mold :** <100 cfu/gm

**Coliforms :** <10 cfu/gm

E. coli : <10 cfu/gm

S. aureus: <10 cfu/gm

Salmonella: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

### **VALUE PROPOSITION**

Ready to use

Reduced preparation time

Ready to eat



# Strawberry

स्ट्रॉबेरी | *Fragaria x ananassa*



**Seed Varieties : Sweet Charlie, Camarosa | Growing Area: Mahabaleshwar, Saputara**  
**Distance from Factory: 300 Km | Harvest Season: February to May**

Contract grown in a hilly region not far from our factory, strawberry cultivation has been growing strongly in India and ranks amongst the peoples favourite. These sweet charlie's rank well in terms of colour, sweetness and tartness.

Applications are endless!

## HEALTH BENEFITS

Strawberry act as a Antioxidant, antimicrobial, Anti- obesity, Anti - diabetic, anti - inflammatory. Helps in cardiovascular disease protection, Neuroprotective properties, anticancer properties.

Nutrition Facts/Valeur Nutritive (Per 100 gm)	
Amount	% Daily Value
Teneur	% Valeur quotidienne
Calories / Calories 32.2 kcal	
Fat / Lipides 0.3 g	0.0%
Saturated / satures 0 g	0.0%
+ Trans / trans 0 g	
Cholesterol / Cholesterol 0mg	0.0%
Potassium 153.2 mg	4.0%
Total Carbohydrates / Glucides 7.7 g	3.0%
Fibre / Fibres 2 g	8.0%
Sugars / Sucre 4.9 g	
Protein / Proteines 0.7 g	
Vitamin A / Vitamine A	0.2%
Vitamin C / Vitamine C	97.7%
Calcium / Calcium	1.2%
Iron / Fer	2.3%

\*Percent Daily Values are based on a 2,000 calorie diet.

# PRODUCT SPECIFICATIONS



## Frozen Strawberry Whole

**Colour:** Red

**Brix:** Min.7

## Frozen Strawberry Pulp

**Colour:** Red

**Brix:** Min.7

## RECIPE IDEAS

Strawberry Milkshake

Strawberries and Cream

Strawberry Meringue

Mozzarella and Strawberry skewers

## QUALITY SPECIFICATION

TPC : <40000 cfu/gm

Yeast & Mold : <100 cfu/gm

Coliforms : <10 cfu/gm

E. Coli : <10 cfu/gm

S. Aureus: <10 cfu/gm

Salmonella: Absent in 25 gm

**Shelf Life: 2 Years from DOM**

## VALUE PROPOSITION

Ready to use

Residue free